

Christopher Newport University
Office of Recreational Services
Intramural Sports
Kickball
-Rules of the Game-

The rules below are specific for the sport indicated above and do not include intramural program policies which all participants must abide by. For a complete description of intramural policies, participants should view the Intramural Program Manual.

National Intramural Recreational Sport Association (NIRSA) rules govern any rule not mentioned in this document.

1. Teams are composed of 8 total players or at least 6. At least two of the team members must be women.
2. The defensive team may be set up in any order the team wishes. There is no set rule for placing defending players.
3. Kicking order does not have to alternate gender.
4. A game will consist of 4 innings or a 40-minute time limit. An inning is considered complete after the third out is made.
5. The offensive team, (considered kicking), will supply the pitcher. There will be one pitch unless it is fouled off, then the kicker will receive another pitch. If fouled off again, the kicker will be out.
6. A player will be ruled out if they kick two fouls, get hit by the ball from the shoulders or below before reaching the base, a pop fly is caught, or if the base runner is off of the base before the ball is put into play by the kicker. EXCEPTION: a player who is not in a regular standing/running position and is hit in the face/head will be ruled out! (ex. bending down to avoid getting hit or the runner falling down)
7. Home/Visitor will be decided by a coin toss conducted by the intramural supervisor.
8. There will be no official, however, the supervisor for the game will decide on all arguments on the field at the time the problem arises.
9. The kicker must wait for the ball to be behind home plate before kicking the ball. Once the ball is kicked, the ball must go past the set of cones 12 feet in front of the plate.
10. A runner who leaves the base before the pitch reaches home plate or is kicked, is out and the ball is dead. Leading off and stealing bases between pitches is not allowed.
11. In order to prevent injury and protect the defensive player attempting to make a play on a base runner, the base runner must be called out, if he/she remains on his/her feet, and deliberately, with great force crashes into a defensive player holding the ball, waiting to apply a tag. If the act is determined to be flagrant, the offender shall also be ejected.
12. Bunting will not be permitted and is a dead ball and an automatic out.
13. Mercy Rule: If a team is up by ten runs or more (home team: 3 1/2 innings, visitors: 4 innings) the game will be called.