

**Christopher Newport University
Office of Recreational Services
Intramural Sports
Basketball (Free-throw competition)
-Rules of the Game-**

The rules below are specific for the sport indicated above and do not include intramural program policies which all participants must abide by. For a complete description of intramural policies, participants should view the Intramural Program Manual.

National Intramural Recreational Sport Association (NIRSA) rules govern any rule not mentioned in this document.

1. Each contestant will be allowed to shoot 20 free throws.
2. If a participant makes at least 15 out of the first 20 free throws, he/she will be awarded 5 bonus shots.
3. If a contestant makes all 25 free throws, he/she will continue to shoot until he/she misses a shot.
4. The contestant who makes the most shots will be declared the champion.
5. Tie-Breaker – In case of a tie, the contestant who makes the most consecutive shots will be declared the champion.
6. Each contestant may not participate more than once