

“Open Rec.” – Freeman Center - Field House

If you're an intramural team who may want to "practice" with your team in the Freeman Center - Field House. YOU CAN NOT reserve a court in Freeman.

Follow the steps below:

- 1.) **Phone 757-594-7980 at least 45 minutes prior to showing up**, and they can check to see if a court would be open for you all to have "**Open Recreation.**"
- 2.) Simply state you'd like a net (if required) for "Open Rec." Please do not phone saying it's for intramurals. If they can accommodate you – it will be set-up when you arrive.
- 3.) Visit: freeman.cnu.edu for further policies/procedures.

Thank You,

Rec. Services Staff.